



PAID SICK DAYS:

RESPONSIBLE, HEALTHY PREVENTION FOR ALL

Ensuring people don't have to work while sick is the responsible way to prevent the spread of disease and keep us all healthy. Yet 190,000 people working in Seattle have no paid sick leave – including thousands in local grocery stores, restaurants and medical centers.

The Seattle Coalition for a Healthy Workforce is a diverse coalition of businesses, faith-based, labor, family, and community groups. We're working to ensure everyone has paid sick days, so we can all have safer food, healthier families and more productive workplaces.

Learn more, or join the Seattle Coalition for a Healthy Workforce, by visiting seattlehealthyworkforce.org.

QUICK FACTS

- Grocery and restaurant workers are on the front lines of food safety. Yet **one in four grocery workers report coming to work sick** because they don't have paid sick days, and **78% of accommodation and food service workers don't earn paid sick days**.
- Paid sick days help prevent the spread of disease on the job, but **55% of retail workers and 29% in health care don't have sick leave**. They either work while sick, or they lose pay – or worse, their job.
- **For 28% of school-age children in Seattle – 13,000 students – all parents work jobs that do not provide paid sick days**. Parents without sick leave are less likely to stay home with an ill child, sometimes being forced to send a sick child to school, or keep an older child home from school to watch a sibling.
- **Childcare workers and caretakers for the elderly are among those who often have no paid sick days**. This puts some of the most vulnerable people in Seattle at risk.



“I see sick parents and kids every day. I also know many people go to work sick because they don't have paid sick days. Having paid sick days would prevent the spread of illness and make sure people are not financially penalized for staying home when they are sick.”

~ Dr. Ben Danielson
Pediatrician, Seattle



“Paid sick days would help people like me stay home when we're sick. That would be better for workers and our customers.”

~ Vic-ee Olson
Grocery Store Deli Worker, Seattle

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